



WESTPORT COMMUNITY SCHOOLS

Please keep this notice available for your reference throughout the school year. These items are a combination of policies already in place as well as those resulting from the collaboration of the Westport Public Schools Fall Reentry Subcommittee

Before coming to school or getting on the bus, families should assess their child's state of wellness before leaving home for school.

Students must stay home if they are not feeling well!

- Fever greater than 100.0 degrees Fahrenheit, chills or shaking chills
- Cough (not due to other known cause, such as chronic cough)
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Sore throat
- Headache when in combination with other symptoms
- Muscle aches or body aches
- Nausea, vomiting or diarrhea
- Fatigue, when in combination with other symptoms
- Nasal congestion or runny nose (not due to other known causes, such as allergies) when in combination with other symptoms.

If the student has any symptoms of COVID-19, they should not attend school. The family should notify their school nurse that the child will be absent and the reason for the absence. The school nurse will follow-up with the family regarding the child's symptoms, whether the child was seen by a medical professional and any testing that was done. The child can return to school once cleared by the school nurse and/or the Westport Board of Health

It is important to know the symptoms of COVID-19 mimic the symptoms of many other illnesses. To protect all students and staff, any symptoms of COVID-19 will be treated as a suspected case until determined otherwise.

If a child becomes ill at school, families will be notified and for everyone's safety asked to pick up the child within 30 minutes.

Students with a temperature above 100 degrees should not attend school until they have been fever-free (under 100 degrees) for three (3) days and without the use of antipyretic medication, such Tylenol, Motrin, Advil or ibuprofen.

Handwashing should be done often during the school day. If your child is unable to wash their hands and/or use an alcohol-based Hand Sanitizer, please contact your child's school nurse to discuss alternatives.

Masks: All students, staff and anyone entering the building will be required to wear masks at all times. Each school will schedule mask breaks for students.

Please fill out and return the Student Medical Update Form. Inform the nurse of any changes in the state of your child's health anytime during the school year:

Medication: All medications should be given at home when possible. **PLEASE DO NOT SEND MEDICATION TO SCHOOL WITH A CHILD. A RESPONSIBLE ADULT NEEDS TO TRANSPORT ALL MEDICATIONS TO / FROM SCHOOL.** Any medication that a student will take in school (whether an **over-the-counter or prescription medication**) **REQUIRES** an order from a physician in order for the student to receive the medication at school. Medication brought into school **MUST** be in the original packaging with pharmacy label. A parental consent form is also required. Both of these forms can be found at westportschools.org by choosing the "Parent" tab and select "Health Office" from the list. The forms are at the bottom of the Health office webpage. You may also obtain copies of these forms from the school nurse.

Injuries: Notify the school nurse if your child has a significant injury that requires a consult with an orthopedic physician. If your child is under an orthopedic doctor's care, clearance will be needed to return to physical education activity. When you visit the orthopedic physician he / she can provide you with the necessary paperwork to forward to the school. If your student has a head injury or is diagnosed with a concussion, please call to discuss this with the school nurse. Remember that if a student is unable to participate in physical education then they will also need to stay inside during outdoor recess period and refrain from physical activity during the recess period.

Physical Examination Requirements: A physical examination is required for all students entering Preschool, entering Kindergarten or upon transferring into

Westport Community Schools. We also require a physical exam in Grades 3, 6 and 9. If a physical is required for your child this school year, please send in a copy of their physical exam. Notices will be sent home if a copy of your child's physical exam has not been received. The school physician is available late winter / early spring and will perform the physical exam if you wish.

Screening: Please note that school screenings are **on hold presently** per the Department of Public Health. Please address any concerns that you have with your child's doctor.

Miscellaneous:

Please do not send cough drops into school with your child. Cough drops may contain medication (which requires a doctor's order) or pose a choking hazard. Instead of cough drops, we recommend sending in a **full** water bottle so your child can take frequent sips of water to soothe a dry throat.

Proper foot wear is necessary to help prevent injuries during outdoor recess. Students that wear flip-flops or shoes without backs will NOT be permitted to use the playground equipment or athletic fields / courts. Students should also come to school dressed for the weather as students go out for recess or for physical education.

When you anticipate that sunscreen / sunblock will be needed, it should be applied in the morning at home prior to coming to school. Sunscreen / sunblock that is necessary during the school day requires the same procedure as a medication in school - a doctor order and parental consent. Please do NOT send sunscreen / sunblock in with your child without obtaining the necessary doctor order and consent.

Please feel free to call the school nurse with any questions or concerns.